

CERTIFICATE OF PARTICIPATION

This is to certify that

Ruan Van Greuning

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:33:36

Mat-To-Mat Time 01:33:36

PACE 09:21/km

GENDER 167 of 220

OVERALL 368 of 500

SENIOR (20- 69 of 82 39)



Date

Signature

BoutTime