

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ruan De Jongh

Has successfully participated & completed the

15km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

TIME 01:38:26

PACE 06:33/km

OVERALL 8 of 32

23 November 2024, Sat

Date

GENDER 7 of 21

OPEN 5 of 6



BoutTime

Signature