

CERTIFICATE

OF PARTICIPATION

This is to certify that

Rosemary Sequeira

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:36:30

Mat-To-Mat Time 02:36:30

PACE 07:27/km

OVERALL 447 of 67

GENDER 242 of

384

40+ 60 of 87

22 November 2025, Sat

BoutTime