

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ronald Lagerwall

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:00:29

Mat-To-Mat Time 02:00:29

PACE 05:43/km

OVERALL 166 of 67

GENDER 108 of

294

60+ 11 of 39

22 November 2025, Sat

Date

Signature

BoutTime