

CERTIFICATE OF PARTICIPATION

This is to certify that

Roelof Le Grange

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 00:49:27

Mat-To-Mat Time 00:49:27

PACE 04:55/km

GENDER 25 of 243

OVERALL 32 of 628

**SENIOR (20- 12 of 91
39)**



22 November 2025, Sat

Date

Signature

BoutTime