

CERTIFICATE OF PARTICIPATION

This is to certify that

Rodney Arends

Has successfully participated & completed the

10km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 01:22:59

Mat-To-Mat Time 01:22:44

PACE 08:16/km

GENDER 46 of 61

OVERALL 109 of 206

70+ 2 of 2



22 November 2025, Sat

Date

Signature

