

CERTIFICATE

OF PARTICIPATION

This is to certify that

Rochelle Elias

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:40:52

Mat-To-Mat Time 04:40:52

PACE 06:40/km

OVERALL 455 of 985

GENDER 170 of

426

50+ 29 of 95

22 November 2025, Sat

BoutTime