

CERTIFICATE

OF PARTICIPATION

This is to certify that

Rob Yates

Has successfully participated & completed the

5km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

TIME 01:11:50

PACE 14:21/km **OVERALL** 55 of 71

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GENDER 27 of 30

50 - 59 3 of 4

23 November 2024, Sat

Date



BoutTime

Signature