

CERTIFICATE OF PARTICIPATION

This is to certify that

Rizahn Damons

Has successfully participated & completed the

10km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:46:22

Mat-To-Mat Time 01:46:22

PACE 10:37/km

GENDER 326 of 385

OVERALL 536 of 628

SENIOR (20-39) 126 of 157



Date

Signature

BoutTime