

CERTIFICATE

OF PARTICIPATION

This is to certify that

Rizaan Meyer

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:47:43

Mat-To-Mat Time 04:47:43

PACE 06:51/km

GENDER 205 of

426

OVERALL 526 of 98

SENIOR (20- 82 of 154

39)



Date

Signature Bout Lime