

# CERTIFICATE OF PARTICIPATION

This is to certify that

Rion Le Grange

Has successfully participated & completed the

**10km Fancourt 10km Run Walk**

held at The Ridge, George.

**OFFICIAL TIME 01:06:45**

**Mat-To-Mat Time 01:06:45**

**PACE 06:39/km**

**GENDER 109 of 220**

**OVERALL 193 of 500**

**SENIOR (20- 49 of 82 39)**



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Date

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Signature

*BoutTime*