

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Rikus Van Zyl**

Has successfully participated & completed the  
**10km Run/Walk Mistico Breakfast Run**  
held at Mistico, Cape Town.

**TIME 01:57:27**

**PACE 11:43/km**  
**OVERALL 22 of 23**

**GENDER 9 of 9**  
**OPEN 5 of 5**

17 November 2024, Sun

Date



*BoutTime*

Signature

