

CERTIFICATE OF PARTICIPATION

This is to certify that

Rijk De Jager

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:50:06

Mat-To-Mat Time 00:50:06

PACE 05:00/km

GENDER 35 of 220

OVERALL 49 of 500

**JUNIOR (15- 3 of 13
19)**



19 December 2025, Fri

Date

Signature

BoutTime