

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Riedwaan Rylands



42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:56:55

**Mat-To-Mat Time** 05:56:55

**PACE** 08:28/km

**OVERALL** 767 of 98

**GENDER** 436 of

557

**40+** 140 of

185



Date

Signature Bout Lime