

CERTIFICATE

OF PARTICIPATION

This is to certify that

Richard Norman

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:59:21

Mat-To-Mat Time 04:59:21

PACE 07:06/km

OVERALL 649 of 98

GENDER 381 of

557

60+ 33 of 47

22 November 2025, Sat

BoutTime