

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ricardo Lotz

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:35:02

Mat-To-Mat Time 01:35:02

PACE 04:30/km

OVERALL 30 of 678

GENDER 26 of 294

SENIOR (20- 15 of 122

39)

22 November 2025, Sat-

BoutTime