

CERTIFICATE OF PARTICIPATION

This is to certify that

Rianda Swart

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:31:12

Mat-To-Mat Time 04:31:12

PACE 06:27/km

**GENDER 143 of
426**

OVERALL 398 of 983

40+ 54 of 159



22 November 2025, Sat

Date

Signature



BoutTime