

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Riaan Niewoudt**

Has successfully participated & completed the

**12km Trail Run Oak Valley Extreme**

held at Oak Valley Estate, Grabouw.

**TIME 01:29:50**

**PACE 07:28/km**

**GENDER 10 of 19**

**OVERALL 14 of 38**

**60 - 69 1 of 2**

15 September 2024, Sun

Date



*BoutTime*

Signature

