

CERTIFICATE OF PARTICIPATION

This is to certify that

Riaan Nieman

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:12:09

Mat-To-Mat Time 01:12:09

PACE 07:12/km

GENDER 129 of 220

OVERALL 242 of 500

40+ 26 of 38



19 December 2025, Fri

Date

Signature



BoutTime