

CERTIFICATE

OF PARTICIPATION

This is to certify that

Rhona Heerden

Has successfully participated & completed the

10km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

TIME 01:21:49

PACE 08:09/km

GENDER 121 of

282

OVERALL 210 of 457

SENIOR (20- 60 of 117

39)

23 November 2024, Sat

Signature