

CERTIFICATE OF PARTICIPATION

This is to certify that

Resia Swart

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:36:37

Mat-To-Mat Time 04:36:37

PACE 06:34/km

GENDER 153 of 426

OVERALL 425 of 983

50+ 27 of 95



22 November 2025, Sat

Date

Signature



BoutTime