

CERTIFICATE OF PARTICIPATION

This is to certify that

Rene Von Solms

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:04:43

Mat-To-Mat Time 01:04:43

PACE 06:27/km

GENDER 73 of 280

OVERALL 175 of 500

50+ 15 of 70



19 December 2025, Fri

Date

Signature

