

CERTIFICATE OF PARTICIPATION

This is to certify that

Ralph Adams

Has successfully participated & completed the

42.2km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

TIME 04:32:58

PACE 06:28/km

GENDER 119 of 215

OVERALL 190 of 373

60+ 7 of 20

23 November 2024, Sat

Date



BoutTime

Signature

