

CERTIFICATE OF PARTICIPATION

This is to certify that

Quintus Van
Rensburg

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:56:21

Mat-To-Mat Time 04:56:21

PACE 07:03/km

**GENDER 366 of
557**

OVERALL 617 of 983

50+ 85 of 130



22 November 2025, Sat

Date

Signature



BoutTime