

CERTIFICATE

OF PARTICIPATION

This is to certify that

Portia Nthungeni

Has successfully participated & completed the

21.1km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 03:14:20

Mat-To-Mat Time 03:13:18

PACE 09:15/km

OVERALL 148 of 195

GENDER 68 of 98

SENIOR (20- 30 of 43

39)

22 November 2025, Sat

BoutTime