

CERTIFICATE OF PARTICIPATION

This is to certify that

Pierre Appelgryn

Has successfully participated & completed the

10km Run/Walk Mistico Breakfast Run/Walk

held at Mistico, Cape Town.

OFFICIAL TIME 00:53:07

Mat-To-Mat Time 00:53:07

PACE 05:18/km

OVERALL 8 of 44

GENDER 8 of 22

OPEN 5 of 8



13 December 2025, Sat

Date

Signature

