

CERTIFICATE OF PARTICIPATION

This is to certify that

Phumzile Mtshali

Has successfully participated & completed the

10km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 01:54:20

Mat-To-Mat Time 01:54:20

PACE 11:25/km

GENDER 125 of 145

OVERALL 179 of 206

50+ 19 of 22



22 November 2025, Sat

Date

Signature

BoutTime