

# CERTIFICATE OF PARTICIPATION

This is to certify that

Phumelela  
Hlongwane

Has successfully participated & completed the

**21.1km Volksrust Marathon**

held at Volksrust High School.

**OFFICIAL TIME 03:02:43**

**Mat-To-Mat Time 03:02:02**

**PACE 08:42/km**

**GENDER 75 of 97**

**OVERALL 127 of 195**

**SENIOR (20- 32 of 40  
39)**



22 November 2025, Sat

Date

Signature

*BoutTime*