

CERTIFICATE OF PARTICIPATION

This is to certify that

Phoka Nkomo

Has successfully participated & completed the

42.2km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 04:40:03

Mat-To-Mat Time 04:39:27

PACE 06:39/km

OVERALL 74 of 168

GENDER 67 of 132

40+ 27 of 49



22 November 2025, Sat

Date

Signature

