

CERTIFICATE

OF PARTICIPATION

This is to certify that

Phil Briendenhann



10km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 01:23:26

Mat-To-Mat Time 01:23:26

PACE 08:19/km

OVERALL 350 of 628

GENDER 152 of

243

60+ 14 of 24

22 November 2025, Sat

BoutTime