

CERTIFICATE OF PARTICIPATION

This is to certify that

Paula Emanuel

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 01:14:13

Mat-To-Mat Time 01:14:13

PACE 07:24/km

GENDER 124 of 280

OVERALL 254 of 500

50+ 30 of 70



19 December 2025, Fri

Date

Signature



BoutTime