

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## Paul Koker

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME** 04:11:40

**Mat-To-Mat Time** 04:11:40

**PACE** 05:58/km

**OVERALL** 262 of 98

**GENDER** 182 of

557

**50+** 37 of 130

22 November 2025, Sat

BoutTime