

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Oostewalt Swart**

Has successfully participated & completed the

**42.2km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 04:42:30**

**Mat-To-Mat Time 04:42:30**

**PACE 06:42/km**

**GENDER 289 of 557**

**OVERALL 469 of 983**

**40+ 90 of 185**



22 November 2025, Sat

Date

Signature



*BoutTime*