

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nothando Sithomo

Has successfully participated & completed the

10km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 01:14:32

Mat-To-Mat Time 01:14:19

PACE 07:27/km

OVERALL 64 of 206

GENDER 34 of 145

SENIOR (20- 15 of 65

39)

22 November 2025, Sat

BoutTime