

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nomzamo Nkwentsha

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:53:43

Mat-To-Mat Time 05:53:43

PACE 08:24/km

OVERALL 761 of 98

GENDER 328 of

426

40+ 128 of

159



Date

Signature Bout Lime