

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nompumelelo  
Mhlongo**

Has successfully participated & completed the

**10km Fancourt 10km Run Walk**

held at The Ridge, George.

**OFFICIAL TIME 01:32:44**

**Mat-To-Mat Time 01:32:44**

**PACE 09:15/km**

**GENDER 198 of  
280**

**OVERALL 364 of 500**

**SENIOR (20- 75 of 98  
39)**



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Date

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Signature

*BoutTime*