

CERTIFICATE OF PARTICIPATION

This is to certify that

**Nombuso
Ntshangase**

Has successfully participated & completed the

10km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 01:45:42

Mat-To-Mat Time 01:45:15

PACE 10:33/km

GENDER 116 of 145

OVERALL 170 of 206

**SENIOR (20- 57 of 65
39)**



22 November 2025, Sat

Date

Signature



BoutTime