

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nolita (Jc) Theron**

Has successfully participated & completed the

**21.1km 23rd Vlake Marathon**

held at Heidelberg High School Sports Ground.

**OFFICIAL TIME 02:13:32**

**Mat-To-Mat Time 02:13:32**

**PACE 06:21/km**

**GENDER 129 of  
384**

**OVERALL 285 of 678**

**50+ 13 of 56**



22 November 2025, Sat

Date

Signature



*BoutTime*