



## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Nizam Parker

Has successfully participated & completed the

13km Black Hill Timbercity Red Hill Marathon

held at Fish Hoek Sports Field.

**TIME** 01:50:44

PACE 7.04km/h

**OVERALL** 372 of 623

25 January 2025, Sat

**GENDER** 185 of

260

**40+** 50 of 74





