

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nicolas Vrey

Has successfully participated & completed the

10km Fancourt 10km Run Walk

held at The Ridge, George.

OFFICIAL TIME 00:38:45

Mat-To-Mat Time 00:38:45

PACE 03:51/km

OVERALL 10 of 500

GENDER 10 of 220

JUNIOR (15- 2 of 13

19)

19 December 2025, Fri

BoutTime