

CERTIFICATE OF PARTICIPATION

This is to certify that

Nicolaas
Steenekamp

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:05:41

Mat-To-Mat Time 03:05:41

PACE 04:24/km

GENDER 31 of 557

OVERALL 37 of 983

**SENIOR (20- 19 of 189
39)**



22 November 2025, Sat

Date

Signature



BoutTime