

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nico Van Zyl

Has successfully participated & completed the

5km Cape Prestige Trail Run #3

held at Delheim Wine Estate.

TIME 00:39:28

PACE 07:52/km

OVERALL 8 of 71

GENDER 6 of 30

40 - 49 3 of 8

23 November 2024, Sat

Date



BoutTime