

CERTIFICATE OF PARTICIPATION

This is to certify that

Nicky Van Tonder

Has successfully participated & completed the

42.2km 23rd Vlake Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 04:17:38

Mat-To-Mat Time 04:17:38

PACE 06:07/km

**GENDER 206 of
557**

OVERALL 308 of 983

40+ 61 of 185



22 November 2025, Sat

Date

Signature



BoutTime