

CERTIFICATE OF PARTICIPATION

This is to certify that

Nhlanhla Tshabalala

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 03:28:57

Mat-To-Mat Time 03:28:57

PACE 04:57/km

GENDER 81 of 557

OVERALL 98 of 983

**SENIOR (20- 41 of 189
39)**



22 November 2025, Sat

Date

Signature



BoutTime