

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nhlakanipho Nzama



42.2km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 05:14:08

Mat-To-Mat Time 05:14:10

PACE 07:27/km

GENDER 103 of

132

OVERALL 120 of 168

SENIOR (20- 36 of 40

39)



Date

Signature Bout Lime