

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Nelmari La Grange

Has successfully participated & completed the

10km 22nd Vlakte Marathon

held at Heidelberg High School Sports Ground.

**TIME** 01:17:04

**PACE** 07:42/km

**OVERALL** 178 of 457

**GENDER** 98 of 282

**JUNIOR (15-** 14 of 19

19)

23 November 2024, Sat

Date



Signature