

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nelisiwe Tshabalala



5km Volksrust Marathon

held at Volksrust High School.

OFFICIAL TIME 00:32:08

Mat-To-Mat Time 00:30:20

PACE 06:24/km

OVERALL 11 of 80

GENDER 7 of 44

SENIOR (20- 4 of 25

39)

22 November 2025, Sat

BoutTime