

CERTIFICATE

OF PARTICIPATION

This is to certify that

Neil Gouws

Has successfully participated & completed the

42.2km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 05:15:03

Mat-To-Mat Time 05:15:03

PACE 07:30/km

GENDER 405 of

557

OVERALL 690 of 983

SENIOR (20- 136 of

39) 189



Date

Signature Bout Lime