

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nawaaz Ahmed Parker

Has successfully participated & completed the

21.1km 23rd Vlakte Marathon

held at Heidelberg High School Sports Ground.

OFFICIAL TIME 02:51:06

Mat-To-Mat Time 02:51:06

PACE 08:07/km

OVERALL 521 of 678

GENDER 225 of

294

40+ 40 of 51

22 November 2025, Sat-

BoutTime