

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Natalie Damons**

Has successfully participated & completed the

**10km Fancourt 10km Run Walk**

held at The Ridge, George.

**OFFICIAL TIME 01:42:47**

**Mat-To-Mat Time 01:42:47**

**PACE 10:15/km**

**GENDER 227 of 280**

**OVERALL 412 of 500**

**40+ 49 of 61**



19 December 2025, Fri

Date

Signature

*BoutTime*